

U&K Year 7 Transition Project 2021



Useful and Kind Unlimited are committed to supporting young people. Through our ongoing work with primary schools and our successful summer schools for 16 – 21 year olds, we are supporting young people across the country to develop the values, skills and awareness that will lead to meaningful action. Action that will make the world a better place.

This project has been developed to support young people as they start their secondary education. This is a significant transition period for many. We believe that supporting young people to be more Self, Others and World aware can help individuals to manage change, build relationships and make an active contribution.

Project aims

- To support Y7 pupils as they transition from primary to secondary school, providing practical tools to help them to successfully manage this period of change and also increase their general awareness of useful and kind behaviours and leadership.
- To help secondary schools to further develop their existing transition programmes by offering U&K tools, resources and a suggested pathway for working with pupils.
- To guide school staff to think beyond the initial transition period and how they can continue to support young people to develop the values, skills and awareness that will lead to meaningful action.

Project overview

Summer 2021	Online introduction workshop for Year 7 project leads
Autumn 1 2021 Phase 1	Introducing U&K to year 7 pupils. What does it mean to be useful and kind? Developing awareness of Self - managing change
Autumn 2 2021: Phase 2	Further developing understanding of U&K Developing awareness of Others - building relationships
Spring 1 2022: Phase 3	What can I learn from U&K Inspirers? What impact can I have? Developing awareness of World – taking action School staff activity: How can the curriculum continue to support pupils to develop U&K Attributes?
Spring 2 2022:	Online session for project evaluation and planning next steps



What's included?

- online introduction workshop for Y7 project leads to attend
- suggested pathway for implementation
- supporting resources and documentation to use in school including the U&K SOW model (see below)
- 3 transition toolkits containing carefully selected U&K resources to use with pupils
- access to online project impact surveys and feedback for your individual school
- resources to support staff discussions about the Year 7 curriculum and the contribution specific subjects make to developing U&K Attributes
- additional online workshop for Y7 leads to review, share impact stories and plan next steps

Project cost: £450 per school

Schools have flexibility with how this project is delivered including timetabling activities for pupils. There is also the option to condense the project over a smaller period of time.

The SOW[©] model

At U&K we have a simple and rich model of how to make the world better.

S Self

Being useful & kind to yourself includes ideas of self-care, self-awareness, self-esteem – not indulgence but understanding yourself in an authentic way in order to be a more resilient and empathic helper, colleague, friend and leader. Being healthy, cognitively, emotionally, psychologically, creatively and physically.

O Others

Being useful & kind to others – not just those we like, know and agree with. Being Other-aware, developing relationships, understanding motivation and change and persuading others to be U&K. Developing empathy, compassion, understanding and action.

W World

Being useful & kind to the world can be expressed both as the natural world (environmental concerns) and the world community (people and politics around the globe). Making it better.

Get involved:

To register your school please email lyanne@usefulandkindunlimited.com. Please ensure your school is registered by the 26th May 2021 to participate in this project.

